

Which source are you looking at? Include the author, title, and date.

1. What is this excerpt about? What kind of book do you think this excerpt is from? How do you know?

2. How did eating this food impact one's health? Are there any good effects from eating it? Any bad effects?

3. Who should eat this food? Who should avoid this food?

6. Does the information the author provides about this food seem logical? Do you think it seemed reasonable at the time it was written? Why?

7. How closely do you think people followed these rules?

9. Who do you think wrote this text? Who do you think read it? What in the text supports your answer?

12. What questions do you have after reading this excerpt? Where could you find answers to your questions?